# Methodology

### Quantitative

Nationally representative survey, fielded online in early August 2020

### **Topics included:**

- Broad look at food sourcing (shopping in person and online, subscriptions, food service, and more)
- General shopping habits and specific COVID-19 strategies
- Planning activities and purchase influencers
- Trip drivers

n=2,008

for all adults

- Channel and retailer engagement and performance
- Online grocery purchasing, perceptions, and services used

General U.S. population, aged 18-74, Primary Shoppers

Sampling error of  $\pm 2.3\%$  at the 95% confidence level

Results weighted to U.S. Census balance for age,

gender, income, census division, and kids in HH

Grocery category purchasing by retailer/channel

(see slide 5 for gualification details)

## Qualitative

Fielded July 2020

**Mobile Qualitative:** 7-day asynchronous task assignment via specialized mobile app. Respondents received multiple tasks per day (video, text, and photo tasks) related to their shopping habits and retailer perceptions. All tasks were completed remotely due to COVID-19, and no participants were asked to visit a store or public area for safety reasons.

**Follow-Up Interviews:** 7 consumers also participated in a 1-hour follow-up interview to contextualize task uploads and dig deeper into key topic areas.

- Sample
  - n=17
  - Aged 30-63
  - Mix of genders, household income, children/no children
     <18 in HH, race/ethnicity, census regions</li>
  - Mix of shoppers across 8 channels: traditional grocery, mass, drug, discount/dollar, club, specialty/natural, onlineonly and direct-to-consumer (DTC)
  - Mix of private label and brand shoppers

### **Notations**

Statistically significant differences between groups at the 95% confidence level are noted throughout the report using capital letters (e.g., A, B, C).

Consumers' words and images are noted throughout the report and include initials, age, and gender.

# WHO IS SHOPPING? Responsibility for grocery shopping continues to evolve away from traditional norms, but this trajectory is now shaped by COVID-19

Among all adults...



In line with ongoing trends over the past several decades toward more sharing of household duties, men continue to take on a significant portion of grocery shopping. This year, however, **both men and women are now less likely to consider themselves the household's primary shopper**, compared to 2017.

This phenomenon is more pronounced among population segments at greater risk for COVID-19: Gen X and Boomers as well as people of color. This is linked to efforts to minimize exposure to the virus by **optimizing who shops**. For instance, if someone is already out of the house (e.g., for work or an essential appointment), they may do the shopping en route. Or, if both adults work from home, they may have more flexibility to share shopping responsibilities than before. In addition, households shopping online may have multiple members contributing to a shared order.

Right now it's just my wife or I who go shopping. I do online shopping for a lot of little trips or when we need something for dinner. I pick it up curbside when I'm on my way home from work. Since I am already coming home, there is no need for my wife to go out. – KM, 30, M

FSA July/August 2020. S9. How much of your household's shopping for groceries (i.e., food, beverages, personal care items, and non-prescription drugs/medications) are YOU responsible for? Screener base: All adult men (n=1234), All adult women (n=1384). Trended shopper base: Men 2017 (n=854), Men 2020 (n=848), Women 2017 (n=1150), Women 2020 (n=1062), Millennials 2017 (n=797), Millennials 2020 (n=552), Gen X 2017 (n=492), Gen X 2020 (n=542), Boomers 2017 (n=706), Boomers 2020 (n=699), Afr. American 2017 (n=245), Afr. American 2020 (n=197), Hispanic 2017 (n=265), Hispanic 2020 (n=182), Asian 2017 (n=137), Asian 2020 (n=174), Caucasian 2017 (n=1554), Caucasian 2020 (n=1502). CV5. What other adjustments have you made in HOW you shop for groceries specifically in response to the COVID-19 pandemic? Compared to before the COVID-19 pandemic became a concern in my area... (Select all that apply) Base: Total (n=2008).

# THE ACT OF SHOPPING Shoppers' efforts to consolidate their shopping trips mean fewer weekly trips, compared to 2017

The number of shoppers who make more than one grocery shopping trip per week fell by one-quarter vs. 2017. As in-person shopping becomes less frequent, or even eliminated from the shopping sequence, it is increasingly replaced by online purchases.





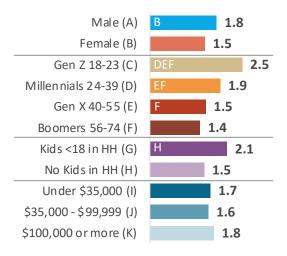
I find the frequency of my shopping trips has changed because of the pandemic. Before the pandemic, I would physically go food shopping two to three times a week. [Now] it's down to about once a week plus the online shopping. – AD, 32, F

### Shifts vs. 2017:\*

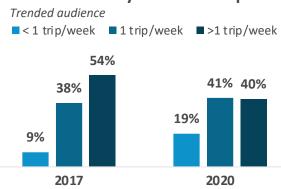
Approximately one-quarter fewer shoppers now make two or more weekly trips to the store. This decrease is even larger among women, older shoppers, and those with middle and upper income. A number of factors affect reported trip frequency:

- Rising and falling levels of perceived threat in different geographic areas
- Changing household dynamics with different household members available to shop or located near a store
- · Greater awareness and mainstream use of online ordering options





### Trend in Weekly In-Person Trips\*



\* Exact trending from 2017 is not possible due to question wording/structure change. The 2017 study asked about "trips made to go grocery shopping," while the 2020 study asked about "in-person trips to the store" vs. "online orders." Changes in chart provided for directional purposes.

FSA July/August 2020. SP1. In a typical week, how many times do you do grocery shopping nowadays (either make a trip to the store in person or place a grocery order online)? Base – in person trips: Total (n=2008), Men (n=895), Women (n=1110), Gen Z (n=120), Millennials (n=552), Gen X (n=542), Boomers (n=794), Kids <18 in HH (n=534), No kids in HH (n=1474), Under \$35K (n=436), \$35K - \$99,999 (n=903), \$100,000 or more (n=654).

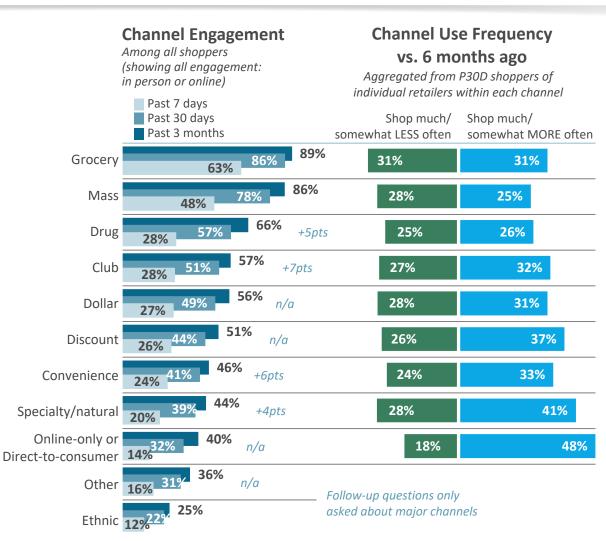
# **CHANNEL USE** Despite sweeping changes in shopping, use of channels resembles prior years, but smaller channels have gained in reach since 2017

### Grocery and mass continue to capture the highest monthly use.

The vast majority of shoppers have shopped at a grocery store in the past month, and nearly two-thirds have shopped there in just the past week, far more than any other channel, conveying not just the broadest penetration but also the highest frequency of use. Mass, on the other hand, has been able to capitalize on an already welldeveloped online shopping infrastructure to serve the needs of the 2020 shopping environment.

Answering today's needs in a different way, smaller-format stores (drug, dollar, c-store), as well as those offering savings (club, dollar), have seen an uptick in visits.

Food Sourcing in America July/August 2020 | © 2020 The Hartman Group, Inc.



#### +/- represents statistically significant differences in past-30-day use from 2017 at a 95% CL

FSA July/August 2020. S15. Specifically, when did you last shop IN PERSON or ONLINE at each of the following types of stores to buy groceries (i.e., food, beverage, household or personal care items, or non-prescription medications) for your household? (Select one response for 'in person' and one for 'online' for each type of store) Base: Total (n=2008), Trend shown based on Trended base: 2017 (n=2004), 2020 (n=1913). U2. Compared to 6 months ago, would you say you are now shopping for groceries, in person or online, more or less frequently at the following stores? (Please select only one response per row/store) Base: Ratings of P30D retailers within each channel Grocery (n=3655), Mass (n=2133), Drug (n=1448), Club (n=1352), Dollar (n=1295), Discount (n=1667), Convenience (n=837), Specialty/Natural (n=2150), Online-only (n=857).

## CHANNEL PROFILE Grocery

#### **Grocery stores continue to anchor food**

**sourcing strategies** for most Americans, despite (and in many ways because of) the sweeping changes in how consumers shop brought on by the COVID-19 pandemic.

While online-only and mass retailers with an omnichannel approach were poised to seize consumers looking to avoid brick-and-mortar stores, many grocery stores were able to **pivot their services successfully and retain existing customers** by serving them in new ways.

In addition, in their long-standing role as centers of local communities, grocery stores enjoy a high level of familiarity and trust among their shoppers, which many strengthened further through quick action in implementing new safety policies to keep shoppers and staff safe.

Despite a spectrum of feelings—from seeing shopping as a much-needed escape from the house to considering it a newly stressful experience—91% of shoppers at grocery say their store **continues to serve them as well or better than before the pandemic started**.



# Shopper Profile

Gender	Men/Women	47%/53%	103/98
Age Cohort	Gen Z 18-23	6%	85
	Millennials 24-39	29%	96
	Gen X 40-55	27%	101
	Boomers 56-74	38%	105
Household	Average HHI	\$97K	103
	Live in city	29%	100
	Kids under 18	27%	99
P30D Shopping	Avg. # channels shopped in person / online / total	4.8/2.3/5.6	105/107/105
	Purchase 45%+ groceries online	32%	99

# CHANNEL PROFILE Grocery Dashboard

Among top 5 store attributes driving trip satisfaction for the channel
 Among top 5 selection strengths driving trip satisfaction for the channel

Note: 'Store/site I trust' and 'Store/site I recommend' not included in driver analysis

		<b>Top 10 channel attributes</b> (Top box – describes very we	ell)	Index
nel in the past 30 days naking an average		Most convenient	43%	124
		Easy and quick to shop	39%	115
onth I 0.5 online)		Large assort. of high-quality products	39%	122
		Store/site I trust	39%	112
highly satisfied with their -10 scale, index 103)		ir Enjoy shopping here	35%	105
		Has items/brands I need/like	34%	105
		Store/site I recommend to others	31%	98
		Has other services/features	31%	116
Enjoyment	t Low prices	Knowledgeable staff/customer service	30%	102
47%		Good curbside pickup options 2	27%	115
6%		<b>Top 10 product selection strengths</b> ( <i>Top box – describ</i>	es very well)	Index
		Dairy products/cheeses	49%	145
		% Fresh produce department	47%	148
		Europe foods		
	Abold	Frozen foods	46%	140
)	Delhaize (C)	Store brand / private label	46% 45%	140 124
				_
)	Index	Store brand / private label	45%	124
17%	Index	Store brand / private label Meat/seafood department	45% 44%	124 149
	Index 42% 189	Store brand / private label Meat/seafood department Fresh bakery products	45% 44% 43%	124 149 153
8%	Index 42% 189 138	Store brand / private label Meat/seafood department Fresh bakery products Shelf-stable products	45% 44% 43% 41%	124 149 153 114
17% 1%	Index 42% 189 138 105	Store brand / private label Meat/seafood department Fresh bakery products Shelf-stable products Healthy products	45% 44% 43% 41% 35%	124 149 153 114 114

Among primary shoppers...

86%	shopped the grocery channel in the past 30 days (consistent with in 2017), making an average
3.2	trips to this channel per month (of which 2.8 in person and 0.5 online)
45%	of grocery shoppers were highly satisfied with their last trip (rate it 9-10 on a 0-10 scale, index 103)

#### **Top Retailer Performance**

Top Box – Describes very well, P30D Shoppers



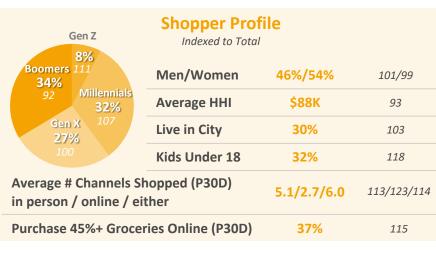
Top 5 channel uses (Reason for last	5 channel uses (Reason for last trip) Index			
Big, regular stock-up		42%	189	
Smaller, fill-in trip	17%		138	
Food items in specific depts.	13%		105	
Couple of items needed right a way	13%		97	
Freshly prepared	3%		57	

FSA July/August 2020. Base: Total (n=2008), Channel shoppers assigned to rate a P30D grocery retailer (n=853); P30D Kroger shoppers (n=322), P30D Albertsons/Safeway shoppers (n=394), P30D Ahold shoppers (n=307). Indexed against the average across channels. Capital letters (A, B, C) indicate statistically significant differences between the indicated groups at the 95% confidence level.



# **Retailer Profiles | Walmart**

Walmart maintains its image as a leader in offering low prices while also performing well on food selection in a variety of fresh categories. While not key satisfaction drivers for the channel overall, Walmart outperforms the channel on fresh produce, meat/seafood, dairy, and bakery. These benefits in price and selection may allow shoppers to downplay lower-scoring factors, like support of local communities and employees.



### **Most Recent Trip Driver**

Indexed to Channel Average

Big regular stock-up trip	<b>39%</b>	197
Smaller fill-in trip	13%	103
Shop specific non-food departments	12%	90
Get couple of items right away	9%	76
Take a break / get out of the house	7%	112
Shop specific food departments	7%	57
Browse for inspiration	6%	97

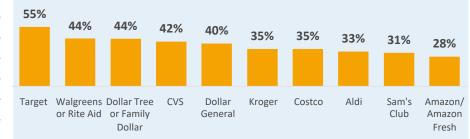
### Performance on Top Drivers of Trip Satisfaction

Ordered by Driver Importance, Indexed to Average Across All Retailers within Channel Note: 'Store/site I trust' and 'Store/site I recommend' not included in driver analysis

Retailer Attributes		
Sustainability values/practices a ling with mine	18%	92
Good place to browse for items	26%	72
Knowledgeable staff/customer service	20%	81
Supports local community	19%	74
Has specific items/brands I need/like	26%	89
Takes great care of its employees	9%	53
Social justice values/actions align with mine	19%	99
Services that go above and beyond	16%	73
The most convenient	31%	94
Good curbside pickup options	22%	78
Product Selection		
Healthy products	22%	89
Ethnic or cultural products	16%	82
Premium/specialty products	17%	74

## **Biggest Grocery Competitors**

P30D Shopping among P30D Walmart Shoppers



FSA July/August 2020. Base: Driver Performance - P30D Walmart Shoppers Assigned to Rate Walmart (n=496); All other statistics - P30D Walmart Shoppers (n=1216). Survey language for Kroger: Kroger (includes City Market, Dillons, Fred Meyer, Fry's, Harris Teeter, King Soopers, QFC, Ralphs, Roundy's/Mariano's, Smith's).